

Convert from CST to Zulu

(add 6 hrs to CST to get Zulu)

CST	CST 24 hr	ZULU
Midnight	0000	0600
1am	0100	0700
2am	0200	0800
3am	0300	0900
4am	0400	1000
5am	0500	1100
6am	0600	1200
7am	0700	1300
8am	0800	1400
9am	0900	1500
10am	1000	1600
11am	1100	1700
12 Noon	1200	1800
1pm	1300	1900
2pm	1400	2000
3pm	1500	2100
4pm	1600	2200
5pm	1700	2300
6pm	1800	0000 tomorrow's date
7pm	1900	0100 tomorrow's date
8pm	2000	0200 tomorrow's date
9pm	2100	0300 tomorrow's date
10pm	2200	0400 tomorrow's date
11pm	2300	0500 tomorrow's date

Convert from CDT to Zulu

(add 5 hrs to CST to get Zulu)

CDT	CDT 24 hr	ZULU
Midnight	0000	0500
1am	0100	0600
2am	0200	0700
3am	0300	0800
4am	0400	0900
5am	0500	1000
6am	0600	1100
7am	0700	1200
8am	0800	1300
9am	0900	1400
10am	1000	1500
11am	1100	1600
12 Noon	1200	1700
1pm	1300	1800
2pm	1400	1900
3pm	1500	2000
4pm	1600	2100
5pm	1700	2200
6pm	1800	2300
7pm	1900	0000 tomorrow's date
8pm	2000	0100 tomorrow's date
9pm	2100	0200 tomorrow's date
10pm	2200	0300 tomorrow's date
11pm	2300	0400 tomorrow's date